

# A Psychological Analysis of the Tutoring Concept in Louis Cha's Novel —— From the Perspective of Mental Health Tutoring

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## **Abstract:**

This paper investigates the special social form of martial arts world, which influences and shapes the individual behavior of characters in the martial arts world. Louis Cha (Jin Yong)'s achievements not only break through the conventional pattern of martial arts novels, but also break through the barriers of elegance and vulgarity. Their rich literary information storage provides many modern and contemporary literature researchers with the opportunity and possibility of multi-angle interpretation. A careful analysis of the connotations of Louis Cha's works is not difficult to find that they focus on human growth. The growth of Louis Cha's protagonists is a process of continuous tutoring. The different mental processes of the protagonists also reflect their psychological ups and downs in different periods of growth. Driven by the psychological motivation of integrating into the martial arts society, they contact different roles in rivers and rivers, make friends with different peer groups and experience different psychological processes. The psychological activities and behaviors of many people create the development trend of jianghu society. Conversely, the social trend of rivers and lakes also acts on the psychological activities of people in rivers and lakes. An in-depth study of the educational phenomena and psychological characteristics of the characters in Louis Cha's novels can clearly demonstrate that the characteristics of the characters in Louis Cha's works are highly consistent with some theories of pedagogy. Looking back at Louis Cha's works, we can analyze that the words and deeds of many characters created by Louis Cha are excellent samples. In this sense, those works not only show some traditional virtues of chivalrous men, but also reflect some typical characteristics. Those chivalrous men's growth is inseparable from appropriate tutoring. Although some characters encounter various mental health problems in their growth process, the reason why the heroes in Louis Cha's works become heroes is inseparable. Louis Cha's works tell the truth of mental health tutoring with the growth stories of his male protagonists. These mental health tutoring ideas take Confucian educational thought as the core, affirm diligent self-learning, emphasize tutoring students according to their aptitude, confirm tutoring as the foundation, and advocate that martial arts world tutoring must put moral tutoring first and cultivate morality.

**Keywords:** *Martial Arts Novels of Louis Cha, Social psychological perspective, Mental health tutoring, Confucian educational idea, Give different people different ways of tutoring, Diligent and enterprising, Strengthening morality*

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## I. INTRODUCTION

Growth is a constant theme of all Louis Cha's martial arts novels. Each of Louis Cha's works revolves around the growth starting point, process and result of his hero's journey in martial arts world. From weak to strong, from helpless to more help, from micro to peak... These growth tracks are the vicissitudes of life in the martial arts world described by Louis Cha's novel narration for his heroes. In the virtual world of martial arts, growth is also a process of receiving different education at different stages and completing different life transformations. In the process of completing the magnificent transformation of martial arts world life, the heroes in Louis Cha's works must realize their self-growth by receiving various types and levels of education in martial arts world. It is not difficult to observe and understand a narrative phenomenon through an in-depth study of Louis Cha's martial arts works: Louis Cha directly or indirectly interprets a series of educational views of positive guidance in the martial arts world with the growth and success stories of the male protagonists. Almost every protagonist of martial arts world stories has received psychological health education from martial arts world instructors.[1-2]

## II. INTEGRATION OF CHIVALRY AND CONFUCIANISM: ALL MARTIAL ARTS WORLD'S GROWTH STARTS FROM A CERTAIN TEACHING MOTIVATION AND FINALLY THE RESULT OF TEACHING

Personal injury and even life safety are threatened everywhere at anytime, which is the norm for those people when wandering in the martial arts world. "People are floating in the martial arts world, how can they not get hurt?" This folk saying is popular with ridicule and humor, but it deeply reveals the murderous spirit and many crises that martial arts world people may face at any time when they overcome difficulties and obstacles. They must have a strong psychological capacity to adapt to these high-risk survival. Guo Jing, Zhang Wuji, Ling Huchong, Di Yun, Wei Xiaobao. The martial arts world careers of these growing male heroes are in danger everywhere and frightening step by step. Once in the competition of martial arts world, the partial disability, disability and even the destruction of life of individual body will be the end of the martial arts world career figures. Herbert Spencer, a British philosopher and educator, said that where human freedom is least respected, people worship heroes most intensely. This sentence is also applicable to the martial arts world written by Louis Cha. Hero worship and growing into heroes are the most desired motivation of martial arts world protagonists. Motivation is the basic driving force for individual activities and the source of volume polarity. To a certain extent, crisis is motivation. All people who make living in the martial arts world will try their best to avoid risks and ensure that their own existence is not threatened. Therefore, regardless of active livelihood or passive resistance, in order to squeeze out a gap in the survival of the bloodthirsty martial arts world and maintain their own existence, those characters in martial arts world must have strong self-protection ability and healthy and upward psychological state. Meeting or seeking enough martial arts skills and technical education to realize self-protection is the most basic and realistic primary motivation for martial arts world people to accept martial arts skills education.[3]

Revenge is also one of the main reasons for the heroes of Louis Cha's martial arts works to receive the education from their instructors. Because it is full of disputes and fights for various reasons, the martial

arts world is a pool of killing and logging and a birthplace of hatred. Some protagonists, such as Li Wenxiu, Hu Fei and Zhang Wuji and so on, both lost their parents, Guo Jing's biological father was killed, Qiao Feng lost his mother... Most of the protagonists in Louis Cha's novels face the bitter hatred of family destruction and death and the murder of their close relatives. Therefore, revenge is the second motivation for people in martial arts world to practice all kinds of survival skills. Because of their broken families and lack of family affection, these male protagonists have no choice but to become helpless child wandering around the martial arts world. To some extent, revenge is a normal psychological protection. Driven by hatred and the impulse of revenge, they are willing to accept the training of martial arts world instructors and cultivate their skills and abilities to fight the bad people in their mind. Driven by deep-seated hatred, people who grow up in hatred often have extreme and unscrupulous mental health problems to achieve their goals. For example, Lin Pingzhi, a martial arts figure who performed the odd, self-mutilating behavior in *The Smiling, Proud Wanderer*; You Tanzhi, a martial arts figure who is a crazy love pursuers and avengers in *The Semi Gods and Semi Devils*. They are all embarked on the road of extreme revenge because of hatred.

Those characters in martial arts world who eventually grow into a great swordsman and have healthy personality and healthy psychology, when they get revenge, or with the increasingly rich experience in the martial arts world and the increasing improvement of their social realm, their concern for the fairness and the justice of the martial arts world have become another motivation for the heroes of martial arts world stories to seek high-quality martial arts skill education. Yuan Chengzhi's name itself was given the ambition of inheriting his father Yuan Chonghuan's sacrifice for the country. Since his childhood, he was taught by his father's domenic siniscalco and his teachers to practice hard for the righteousness of martial arts world and the great righteousness of the country. The careful teaching of Yuan Chengzhi by Mu Renqing, the founder of Huashan Mountain Sects, is full of the good intentions of educating the son of loyal and good celebrity into pillars of society. When Yuan Chengzhi grew up, the loyalty and patriotism education he received since his childhood made him a great swordsman as the people around him wished; "The man of chivalry is for his country and people." When Guo Jing realized this sentence, he was impressed. Later, he taught Yang Guo by his personal example as well as verbal instruction, earnestly admonished Yang Guo, and successfully resolved Yang Guo's misguided idea of avenging his evil father Yang Kang; Because of the teachings of master Yuan Shixiao and the last wish of Yu wanting, his adoptive father and the founder of Safflower Gang, to "oppose the Qing Dynasty and restore the Ming Dynasty", Chen Jialuo made great efforts to restore the Great Han Dynasty. In order to fulfill these lofty martial arts worldmissions, these heroes must have good skill education in order to fight their ambitions.

The reason why the male protagonists in Louis Cha's works do not have psychological metamorphosis in the hatred filled martial arts world, but form a healthy martial arts world psychology is that they receive martial arts world education, which is a complete step-by-step healthy psychological growth education. This process begins with self-cultivation to improve the martial arts skills of self-protection or chivalry. This process can be described as "Cultivate One's Morality"; After receiving the martial skill education, the process of solving self emotional problems in the process of wandering the martial arts world can be described as "Improve One's Family"; Because of receiving the first-class martial arts skill education, you

can practice divine skills to traverse the martial arts world, solve major difficult problems or intervene in secular politics. This process can be described as "Governing the Country"; At the peak of martial arts world life, he becomes the nominal or actual martial arts world alliance leader to unify the martial arts world, which can be described as "Making the World Peaceful". In that sense, "Chivalrous men are Confucians". In the narration of Louis Cha's novels, chivalrous men from being educated to educating the world imply the growth track of Confucianism of "cultivating self-cultivation, unifying the family, governing the country and calming the world". A Chivalrous man is a Confucian. From the beginning to the end, the martial arts world stories of the hero in Louis Cha's novels secretly follow the life experience of countless Confucianism from educatees to educators. If they're going to succeed in meeting their expectations, the correct educational purpose and healthy psychological education and training are consistent throughout their martial arts worldlife.

### **III. TEACHING STUDENTS ACCORDING TO THEIR APTITUDE: THE CORRECT WAY OF EDUCATION HELPS THE GROWTH OF THE MARTIAL ARTS WORLD**

Except for those who have ulterior motives, it is the common wish of all teachers to educate outstanding students. Those who are good at teaching must find the right way to teach others. This is one of the conditions that excellent educators must have. The heroes in Louis Cha's novels have different talents and endowments. They all need the skills training and psychological guidance of the instructor. Guo Jing looked not very clever, usually did not like to talk. Under the education mode of "cramming education, learning everything" of the Six Freaks of the South who was a combination of six chivalrous experts from the south of the Yangtze River, even though they let Guo Jing kept on practicing day and night for many years, Guo Jing were even inferior to the martial arts world curfews with low martial arts skill. Among them, the "cramming" education and eager for success brought Guo Jing only the stupid inferiority complex and psychological anxiety of self abandonment. Ma Yu, one of Senve Immortals in the Complete Perfection Sect, broke Guo Jing's learning dilemma: Teach without knowing the law, learn without knowing the way. Despite their painstaking efforts and efforts, Six Freaks of the South did not understand bacon to consolidate the foundation and cultivate both inside and outside. [4]They used the wrong teaching method to teach a disciple with average skill. After meeting the outstanding mentors, such as Ma Yu and Hong Qigong, Guo Jing made great progress in martial arts and gradually became one of luminaries in the world. This is the result of outstanding mentor teaching students according to their aptitude; Wei Xiaobao is lazy by nature. In the face of martial arts world tutors at all levels, he tries his best to sneak and play tricks. He can be regarded as a poor student in the "martial arts world school". All his masters are nominal. "Multi teacher guidance" is actually "no teacher supervision". Although Wei Xiaobao did not become a peerless Kung Fu because of the education of his masters like other male protagonists in Louis Cha's novels, the special society of the martial arts world gave him another most suitable "non martial arts education" to solve the most urgent and thorny problems in dangerous situations in the most reasonable way. In the face of all kinds of difficulties in the martial arts world, Wei Xiaobao always responds with a healthy and positive psychological state; Different from Guo Jing and Wei Xiaobao, many heroes in Louis Cha's works have the ability to understand superior martial arts. Therefore, their martial arts world tutors are also good at making good use of the situation in the process of their guidance and grant them

corresponding magical skills according to their understanding. Louis Cha used the cases of Kung Fu education for his male protagonists to imply again and again that the best education is that the tutor understands the characteristics of the apprentice, adopts teaching methods that adapt to individual differences, pays attention to reducing his psychological pressure, and selects the most suitable learning methods and difficulties for the apprentice to carry out targeted Kung Fu skill teaching, develop the apprentice's strengths and make up for the apprentice's shortcomings to the greatest extent, so as to promote the apprentice's growth in the martial arts world. This has practical enlightenment significance for the teaching and learning of various schools in the current reality.[5]

#### **IV. STUDY HARD TO BECOME A TALENT: SELF STUDY AND PRACTICE HARD TO VERIFY THAT GOD REWARDS DILIGENCE**

Some psychological studies show that diligence is a healthy psychology conducive to people's success. In Louis Cha's novels, Duan Yu, Xu Zhu and others suddenly meet and become first-class experts in a short time. These examples are a few. More other protagonists such as Guo Jing, Yuan Chengzhi, Xiao Feng, Yuan Chengzhi, Hu Fei and Ling Huchong have unique skills after their own hard study and practice. If the viewpoint of D.P. Ausubel is grafted, these martial arts world protagonists have a strong internal drive for self-improvement. This is a positive psychological state. They expect to gain corresponding martial arts world status and prestige through their own efforts. Happiness, gratitude and hatred, success and fame are the inducement and achievement motivation of their efforts. Under the education of the Six Freaks of the South and other strict teachers, with a stubborn spirit and perseverance to move forward, Guo Jing was not afraid of hardships and difficulties, and finally came through all the hardships and became the peak performers in the world; Yuan Chengzhi Steadily improve himself. From the basic to the high-end, hard training ran through his academic career; Xiao Feng learned from master Xuanku in Shaolin when he was young. After that, he practiced hard under the guidance of the leader of the Beggars' Sect, and finally became a great chivalrous person; Hu Fei practiced Kung fu handed down from his ancestors and Linghu Chong learned Lonely Sword. They are all through hard work. Even if Zhang Wuji cannot be successful to get Nine Positive Marvelous Abilities without the help of White Ape, Yang Guo was guided by the divine carving in the mountain flood practice of lonely epee fencing, and Shi Potian, who have learned the secret skills of Mystring Sutra from the knight island. Their martial arts experience were adventure type growth. To become a top talent, in addition to seizing the best opportunity, it still requires the protagonists to bear hardships and work hard. Louis Cha uses most of the protagonist's growth stories to tell people a well-known truth: "Practice makes perfect, shortage in play". The male protagonists in Louis Cha's works use their diligence to gradually improve themselves and shape their ideal self on the basis of following the educational orientation of martial arts world authorities.[6]

#### **V. GENERALISTS AND PROFESSIONALS: EXQUISITE SKILLS ARE THE KING OF EDUCATION**

From the perspective of positive psychology, concentration often helps people form their own strengths and expertise. Louis Cha's protagonists who stir up the martial arts world have a positive and constructive

force of perseverance and excellence. Xiao Feng is proficient in the 18 Palm Attacks to Defeat Dragons, Hu Fei and Miao Renfeng are proficient in the unparalleled Hu family broadsword and Miao family sword, Linghu Chong is proficient in Lonely Sword... These martial arts world characters practice a martial arts carefully and become a top kung fu master in the martial arts world. They are dedicated and skilled, so they are proud of the martial arts world. They are "professionals" in the martial arts world characterized by "proficient in technology and diligence"; In Louis Cha's novels, the source of martial arts of more male protagonists is often one stem, many branches and similar. They accomplished the movement skill transfer between different martial arts with ease. In addition to the 18 Palm Attacks to Defeat Dragons, Guo Jing Fully learned Kung Fu from Six Freaks of the South, the inner strength of Selve Immortals in the Complete Perfection Sect, the mutual stroke of Zhou Botong's Left right beat and the Nine cloudy Daoist Scriptures. Yuan Chengzhi has both learned Kung Fu of Huashan sect and Golden Snake Lang Jun; Yang Guo has KongFu Skills of Ooad, Jade girl's Sword Skill, Lonely Sword kill, Dejected Palm and other skills; Di Yun is good at Shenzhao Sutra, Blood Knife Sutra and other Kung Fu. They have become "generalists" in Louis Cha's martial arts world. Louis Cha reach the acme of perfection by using the story of the martial arts specialists and generalists, to express an educational view to readers: no matter what "professionals" only focus on learning or learning from the unique skills or learning extensively, and learning the essence of them, we must attain the skills and skills to become unique. "Proficient in everything and loose in everything" is definitely not the unique skill of the protagonists in Louis Cha's novels and the right way to be taught.

## **VI. FOSTER CHARACTER AND CIVIC VIRTUE: ONLY CORRECT VALUES CAN CREATE A GREAT SWORDSMAN**

As Herbert Spencer said, education aims to cultivate people's quality. Healthy mental state makes all noble martial arts world qualities. It is important to have excellent martial arts skills and extensive knowledge in the martial arts world, but regardless of the real martial arts world or tin martial arts works, the supremacy of martial ethics is the basis for the promotion of justice and righteousness. According to The Book of Rites: "Love the teacher, believe the way". As the protagonists of martial arts world stories who are growing up and eager to obtain educational opportunities, they need the guidance and edification of good teachers and masters with both morality and martial skills. Looking at Louis Cha's martial arts works, generally speaking, good mentors teach great heroes and bad mentors teach scum of martial arts world. This reflects the importance of teachers' ethics to the growth of the protagonists of martial arts stories. Whether the relationship between teachers and apprentices and the inheritance of teachers and apprentices' thoughts are healthy or not determines the good or evil mental health of martial arts figures. Of course, in order to diversify the ethical narration of teachers and apprentices, Louis Cha's works also have a generation of great swordsman such as Di Yun under Qi Changfa, who is cautious and cunning. Qiu Chuji, who is chivalrous and remained faithful to friends, taught such bad people as Yang Kang, who forgets righteousness and doesn't admit blood relatives, and Yin Zhiping, who is unethically fascinated by beauty. In the story of The Heaven Sword and the Dragon Sabre, song Qingshu, the third generation disciple who unethically pursues beauty and has no moral bottom line, will also appear under the Wudang sect. Bad masters bring out great heroes and good mentors teach scum. This shows that the character of the

educator can not all determine the moral trend of the educatee. The key to whether an educated person is evil or not is his inner nature and self-cultivation. With correct values, you can produce sludge without pollution. On the contrary, the deviation of self-values, coupled with the stimulation and temptation of the external bad environment, will degenerate into a martial arts world snack even if he comes from a famous and decent family. [7]

In his book, *The Demi-Gods and the Semi-Devils*, Louis Cha uses the plot of the old floor sweeping monk to explain martial arts and Buddhism. He tells a truth: a real great chivalrous man attaches great importance to morality and behavior, and martial arts are the last thing worth pursuing. The actual connotation of the word "martial virtue" is a word of Confucianism: benevolence. There is a clear hint in the book *Lovers' Sabers* written by Louis Cha: the so-called invincible martial arts secret script is just three words: benevolence is invincible. Ouyang Feng, Ren Woxing, Duan Yanqing, Zhang Zhaozhong, The Mongolian Lama Who Wields Gold Wheels, Yuzhenzi and other evil sect experts have excellent martial arts. However, they often commit injustice, kill innocent people indiscriminately, and commit all manner of crimes. They have become frightening martial arts world demons, despised by the people in the martial arts world, and finally ended up in a tragic end. The reason why they become villains is that they abandon benevolence and choose to do evil in the process of education, especially in the process of self-education; In terms of martial arts, the Six Freaks of the South, are far from the above villains or the first-class experts of chivalrous Taoism. In terms of martial arts views and backward education, the Six Freaks of the South are truly "mediocre teachers". However, in terms of moral character, the martial arts world behaviors of the Six Freaks of the South, such as upholding chivalry, being eager for justice, seeking and help orphans thousands of miles, protecting orphans and educating orphans for many years, deserve the word "morality is the norm". The stronger their expectations of Guo Jing's educational effectiveness in their hearts and actions, the more positive their behaviors are, the greater their efforts are, and the more lasting they are. Finally, they have achieved a good story of basic education in martial arts for more than ten years. It was through their words and deeds that they sowed the seeds of chivalry and justice in Guo Jing's young heart that Guo Jing formed a good outlook on life, values and world outlook. In Louis Cha's works, Guo Jing and other male protagonists have gradually grown from insignificant or even precarious weak people at the bottom of the martial arts world to powerful heroes and leaders. Except for a few people who are kind-hearted and can be alone in a dirty world for a long time, most of the male protagonists are carefully instructed by one or more decent martial arts world mentors, Lead them to be good and benevolent while approaching the martial arts level of the first-class experts in the martial arts world, and always maintain the right way to support justice and fight with swords. The famous German educationist Sprenger believes that "the ultimate purpose of education is not to teach what has been, but to induce people's creative power and awaken their sense of life and value." Because of the teachings of Yuan Shixiao, Mu Renqing, Hong Qigong, Zhang Sanfeng and other respected and righteous mentors, there will be the spiritual health and perfect character of the righteous heroes of martial arts world such as Chen Jialuo, Guo Jing and Zhang Wuji. "Establish their virtue, cultivate their talents and refine their skills", which is the inevitable path for the growth of chivalrous people.

## VII. CONCLUSION

In short, in the martial arts world created by Louis Cha, chivalry, Confucianism and mental health education are the real secrets and scriptures. It seems that the martial arts world where heroes compete for hegemony operates according to the law of the jungle. In fact, it is the Confucian concept of mental health education that plays a key role secretly. It interprets the purpose and object of martial arts world education. Benevolence and kindness are the moral banner of all Louis Cha's martial arts works. Under this banner, martial arts world tutors teach students according to their aptitude and cultivate people with morality; In the history of great Chivalrous men's growth, chivalrous men have practiced the educational principle of "learning is boundless and there is no end in learning" with their stories of diligence and success. Their expertise and erudition in the upgrading of martial arts skills are virtually verified. Only when they are proficient can they live in the world. In these sense, Louis Cha's martial arts works are not just a simple interpretation of the growth history of chivalrous men, but carefully tell the well-known psychological health education stories of bacon casting soul and establishing morality and educating talents.

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